

# Southampton County Public Schools

## Southampton County Primary Schools

### November Lunch Calender

\*\*\*Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1  TANGERINE CHICKE W/FRIED RICE CHEESEBURGER ON TACO SALAD CHICKEN SALAD WR STEAMED BROCCOL GLAZED CARROTS YOGURT W/WOW BU & GOLD FISH CRACK FRUIT,FRESH ASSO MILK
Nov - 4  BEANIE WIENIE CORNBREAD W/EITE CRACKERS, GRAHAM CHICKEN SANDWICH CHICKEN SALAD HAM AND CHEESE W YOGURT W/WOW BU & GOLD FISH CRACK ROMAINE & SPINACH W/TOMATO OVEN BAKED FRENCH COOKED GREEN BE FRUIT,FRESH ASSO MILK 1% WHITE MILK	Nov - 5  BEEF STROGONOFF WITH WG ROLL HOT DOG ENTREE SALAD BLT CARROT STICKS W/L CORN STEAMED BROCCOL YOGURT W/WOW BU & GOLD FISH CRACK FRUIT,FRESH ASSO MILK 1% WHITE MILK	Nov - 6  CHICKEN A LA KING TEMPURA CHICKEN W/FRENCH TOAST S CHICKEN CAESAR S COMBO SUB YOGURT W/WOW BU & GOLD FISH CRACK CHERRY TOMATO W/ GREEN PEAS MASH POTATOES FRUIT,FRESH ASSO MILK 1% WHITE MILK	Nov - 7  FISH SANDWICH CORN DOG ANYTIMERS: TURKE AND CHEESE TACO SALAD YOGURT W/WOW BU & GOLD FISH CRACK CUCUMBER W/LF DI COLE SLAW SWEET POTATO FRI FRUIT,FRESH ASSO MILK 1% WHITE MILK	Nov - 8  SOFT BEEF TACO SPANISH RICE W/EIT CHEESEBURGER ON ENTREE SALAD CHICKEN WRAP YOGURT W/WOW BU & GOLD FISH CRACK ROMAINE SALAD W/ BLACK BEAN SALSA CORN FRUIT,FRESH ASSO MILK 1% WHITE MILK
Nov - 11  CHICKEN PARMESA WG ROLL W/EITHER HOT DOG CHICKEN WRAP YOGURT W/WOW BU & GOLD FISH CRACK TACO SALAD ROMAINE & SPINACH W/TOMATO CUCUMBER W/LF DI FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 12  2 BOSCO STICKS TEMPURA CHICKEN WG ROLL W/EITHER VEG MARINARA CUP OVEN BAKED FRENCH HAM, TURKEY, BACO CHEESE WRAP CHICKEN CAESAR S YOGURT W/WOW BU & GOLD FISH CRACK FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 13  BREADED FRITTER WITH WG ROLL CORN DOG HAM SANDWICH CHICKEN SALAD YOGURT W/WOW BU & GOLD FISH CRACK SWEET POTATO, BA ROMAINE SALAD W/ CABBAGE FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 14  BAKED SPAGHETTI WITH WG ROLL CHICKEN SANDWICH DELI SUB ENTREE SALAD YOGURT W/WOW BU & GOLD FISH CRACK ROMAINE & SPINACH W/TOMATO CUCUMBER W/LF DI FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 15  RIB BQ SANDWICH CHEESEBURGER ON HAM AND CHEESE W W/BACON TACO SALAD YOGURT W/WOW BU & GOLD FISH CRACK BAKED POTATO TURNIP GREENS FRUIT,FRESH ASSO 1% WHITE MILK MILK

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Southampton County Public Schools

## Southampton County Primary Schools

### November Lunch Calender

\*\*\*Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 18  SALISBURY STEAK WITH WG ROLL HOT DOG ENTREE SALAD YOGURT W/WOW BU & GOLD FISH CRACK HAM, TURKEY, BACO CHEESE WRAP MASH POTATOES GREEN PEAS CARROT STICKS W/L BAKED APPLES 1% WHITE MILK MILK	Nov - 19  FISH STICKS CHICKEN DRUMMIES RICE W/EITHER YOGURT W/WOW BU & GOLD FISH CRACK TACO SALAD CUBAN SLIDERS COLE SLAW BUSH'S VEGETARIA BEANS FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 20  LOADED NACHOS CORN DOG YOGURT W/WOW BU & GOLD FISH CRACK BBQ Chicken Salad CHICKEN WRAP CARROT STICKS W/L CORN ON THE COB FRUIT,FRESH ASSO MILK 1% WHITE MILK	Nov - 21  TURKEY AND STUFFI WITH WG ROLL SWEET POTATO CA COOKED GREEN BE CRANBERRY SAUCE MASH POTATOES BAKED APPLES 1% WHITE MILK MILK	Nov - 22  TURKEY BACON SLI CHEESEBURGER ON CHICKEN SALAD WR BBQ Chicken Salad YOGURT W/WOW BU & GOLD FISH CRACK ROMAINE & SPINACH W/TOMATO STEAMED BROCCOL FRUIT,FRESH ASSO 1% WHITE MILK MILK
Nov - 25  CHICKEN POT PIE CORNBREAD W/EITE HOT DOG CHICKEN NUGGET S VARIETY OF SANDWI WRAPS YOGURT W/WOW BU & GOLD FISH CRACK BEETS CHERRY TOMATO W/ SQUASH,SUMMER FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 26  FRENCH BREAD PIZZ CHEESE OR PEPPER CHICKEN DRUMMIES WITH WG ROLL HAM, TURKEY AND C WRAP SOUTHWEST CHICK SALAD YOGURT W/WOW BU & GOLD FISH CRACK OVEN BAKED WAFFL CUCUMBER OR CEL W/LOW FAT DIP CARROT STICKS W/L FRUIT,FRESH ASSO 1% WHITE MILK MILK	Nov - 27  NO SCHOOL TODAY	Nov - 28  NO SCHOOL TODAY	Nov - 29  NO SCHOOL TODAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.